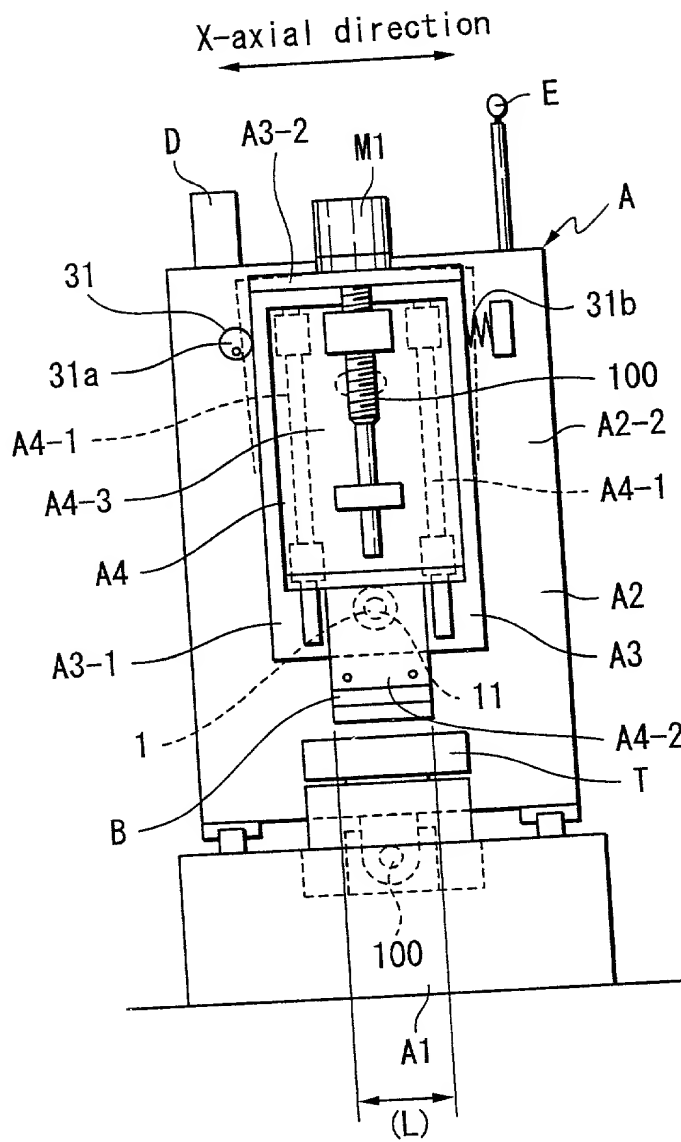


Fig. 2



1

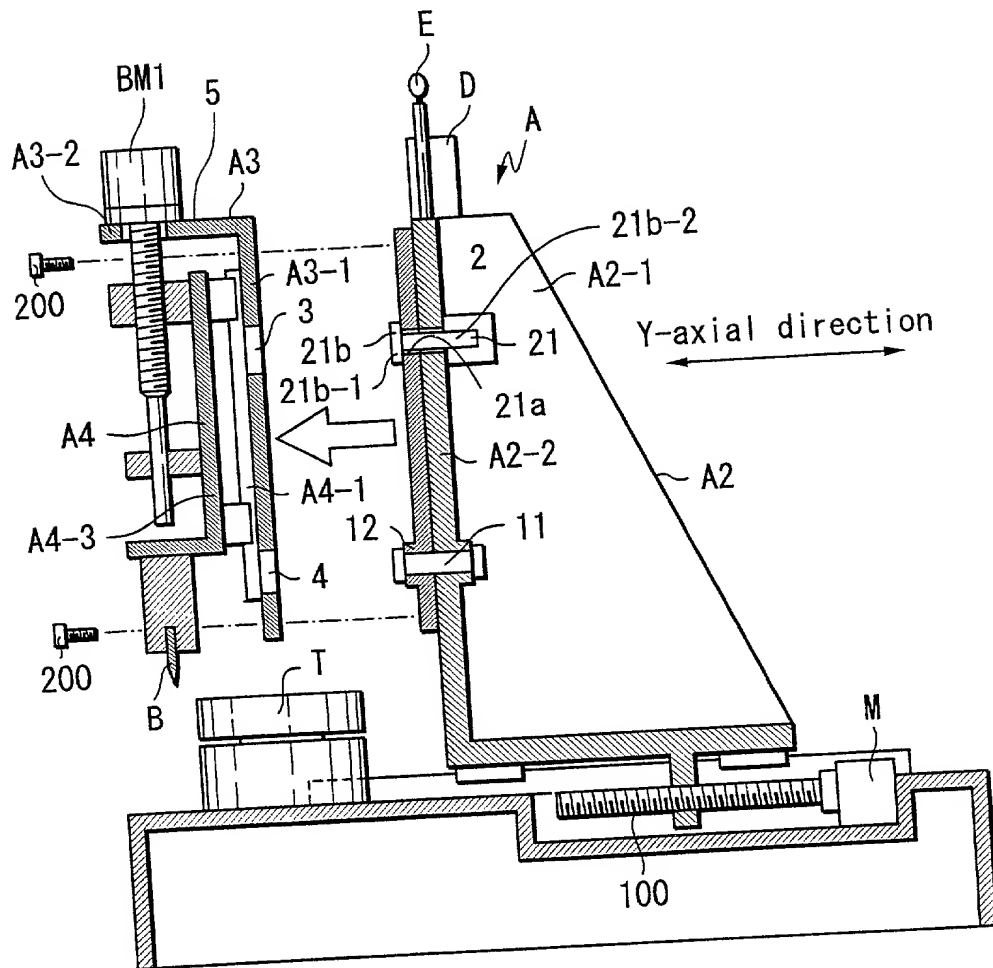
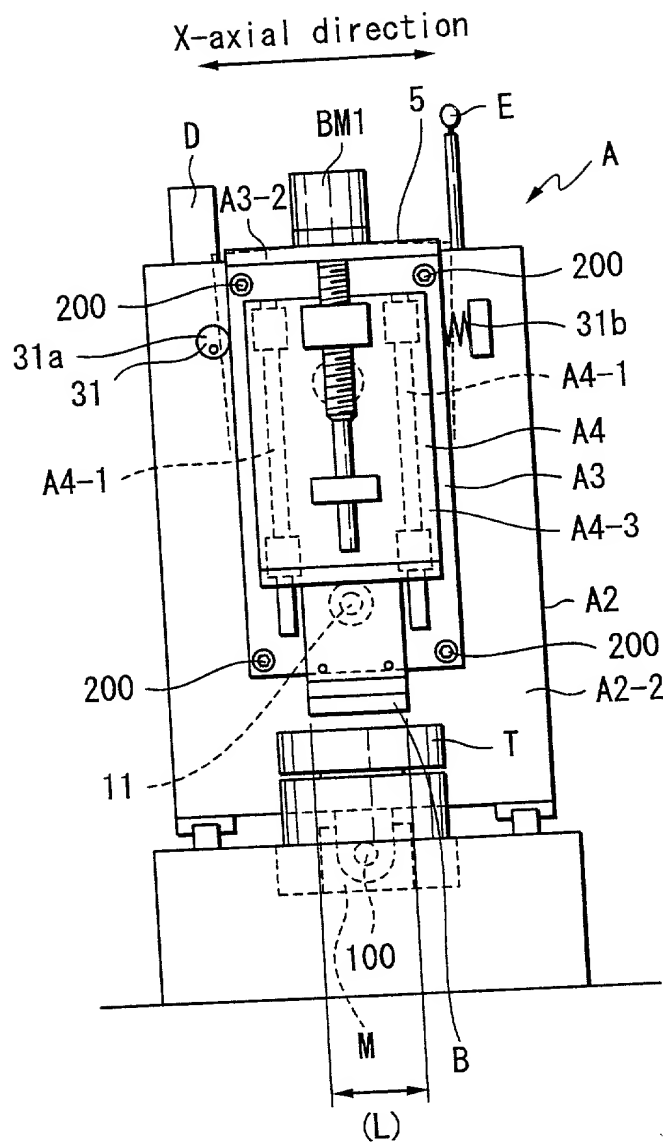
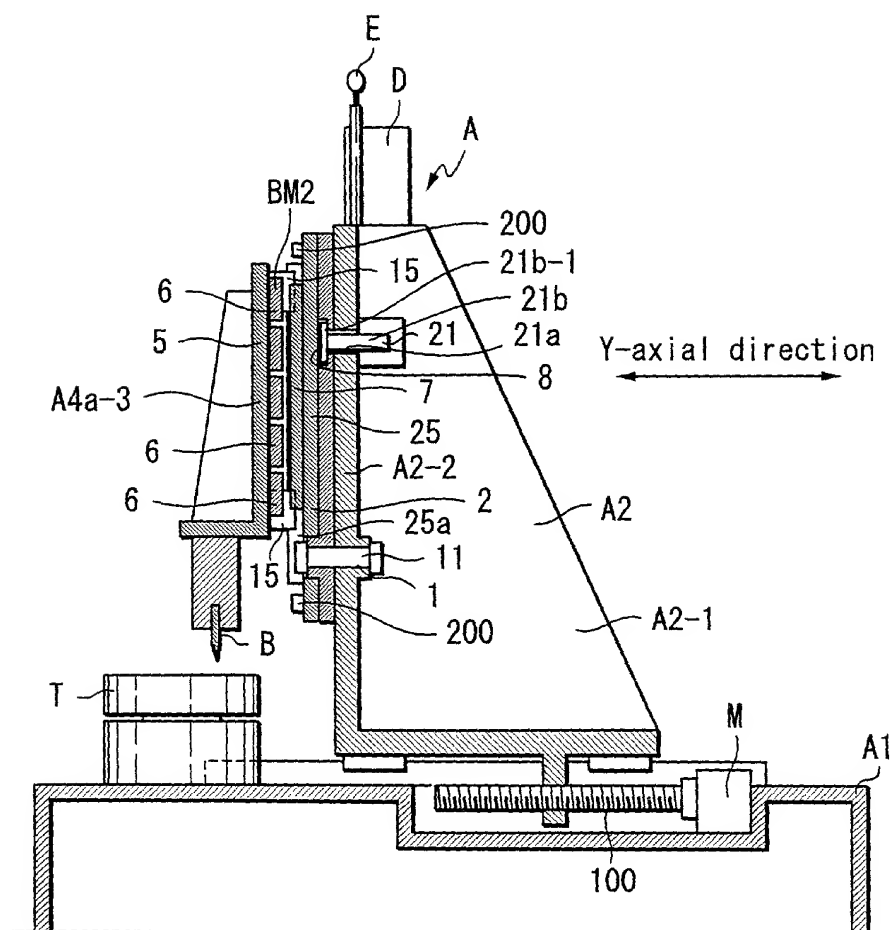


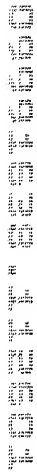
Fig. 5



100



Variable	Mean	SD	Min	Max
Age	34.2	10.5	21	55
Gender	50% Male			
Education	12.5	1.2	10	15
Income	\$25,000	\$10,000	\$10,000	\$50,000
Marital Status	60% Married			
Health Status	75% Good			
Exercise Frequency	3 times/week			
Dietary Habits	Healthy			
Stress Level	4.5	1.5	1	7
Sleep Quality	7.0	1.0	5	9
Work Satisfaction	6.5	1.5	3	9
Life Satisfaction	7.5	1.5	4	9
Overall Well-being	7.0	1.5	4	9



[illegible][illegible]

Fig. 10

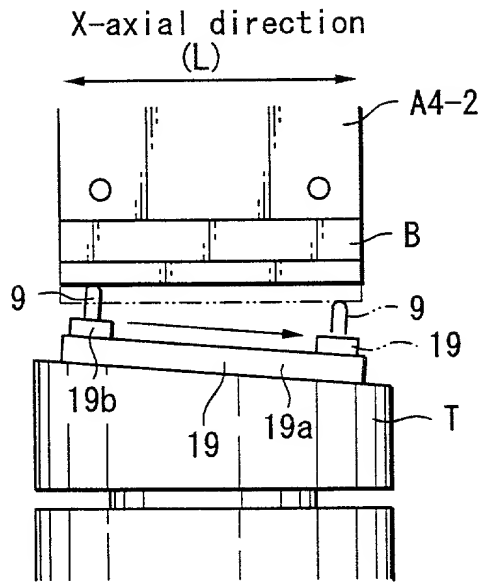


Fig. 11

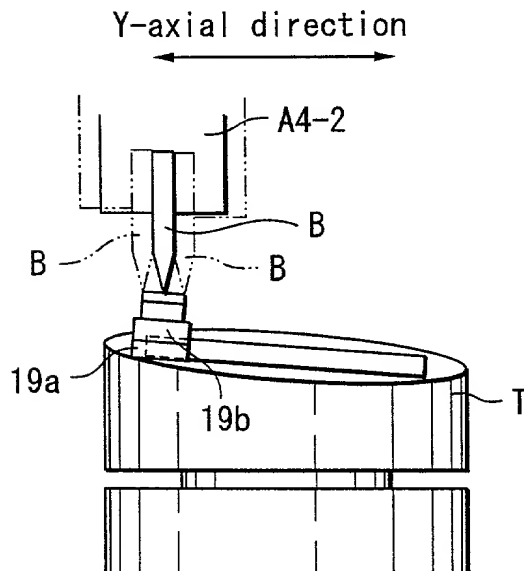


Fig. 12

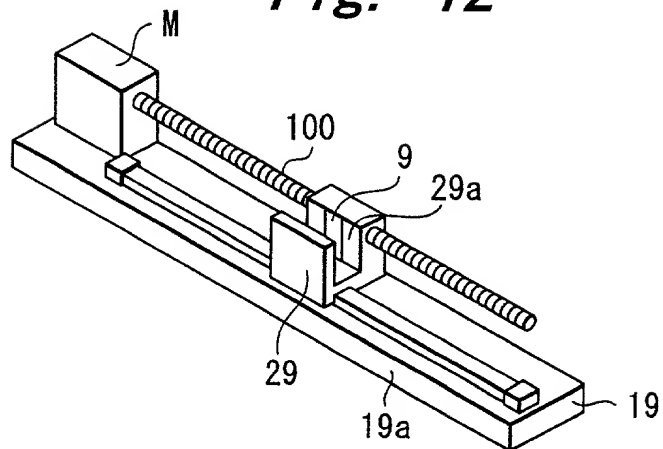


Fig. 13

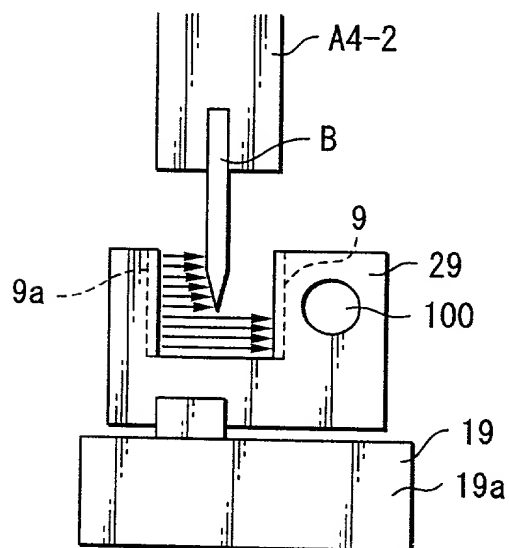


Fig. 14

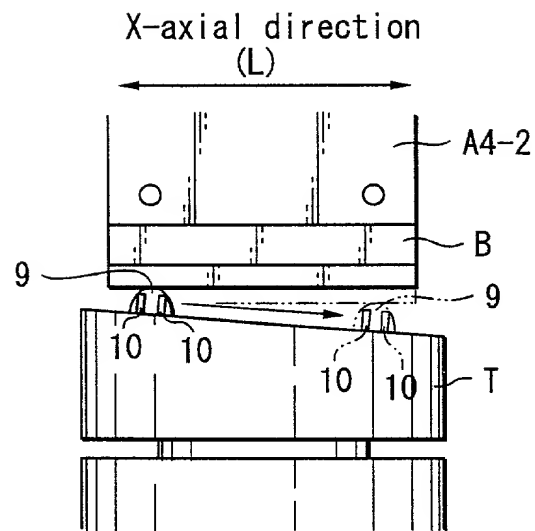


Fig. 15

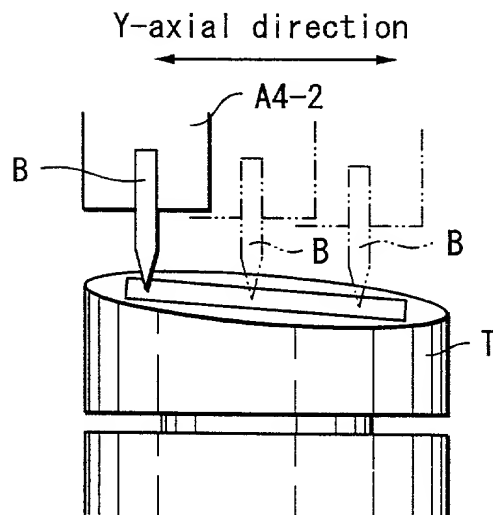


Fig. 16

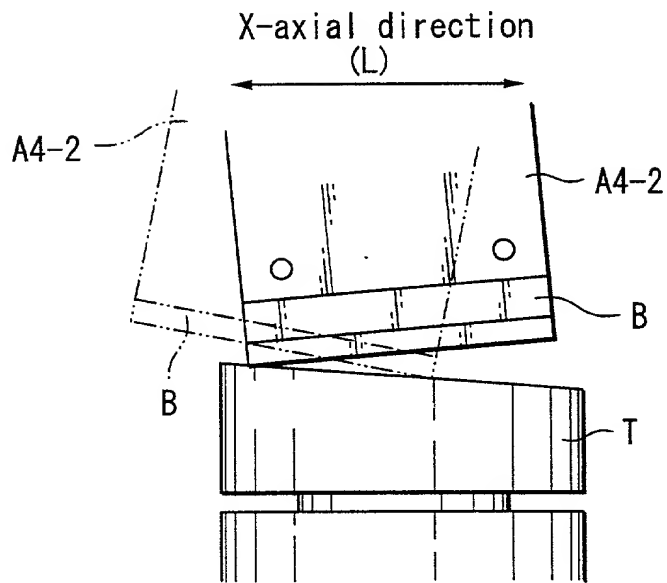


Fig. 17

